



CHARLES THOMAS Pear Nova

Pear Nova BRWNGRLMGC nail kit

Founded by Rachel James, the brand's vegan BRWNGRLMGC nail kit includes four neutral shades as beautiful as the women they're named after, including Michelle Our Mama, Dianna Boss and Frida Be Free. \$50 | pearnova.com

THIS IS FOR FRIENDS AND LOVED ONES WHO COULD USE A LITTLE COMFORT RIGHT NOW. CONSIDER SOMETHING FOR YOURSELF TOO.

BY RENE LYNCH, LINDZI SCHARF AND MELINDA FULMER



Bala

Stylish fitness weights from Bala

Bala has reimaged weighted workout equipment into lightweight bars and bangles, in an array of colors. This is fitness equipment you won't mind leaving around in plain sight. They might even inspire you to a little more movement. \$55 | shopbala.com



Brown Girl Jane

Brown Girl Jane Balance CBD drops

Balance CBD drops are for the person with just too much on their plate, said Brown Girl Jane co-founder and wellness expert Tai Beauchamp. This tincture is their most popular offering: A daily dose — a dropperful under the tongue — is said to help reduce stress and anxiety. \$68 | browngirljane.com



LoveTuner

The LoveTuner, a mindfulness and meditation tool

The Malibu-based maker of the LoveTuner says that by gently blowing into it, you create a tone that helps put you in harmony with nature and the vibration of love. But even if you don't believe that, the simple act of pausing, breathing deeply and marveling at the light, airy notes it creates is mindfulness, right? \$59 | lovetuner.com



melodyehsani.com

Memory ME candle by Melody Ehsani

This Memory ME signature scent candle by designer Melody Ehsani is made in a lab in L.A. and gives off a sultry mix of wood fire, tobacco and vanilla to help you feel like home and conjure memories of "your true self." Made of coconut oil, approximately 50-hour burn time, and comes in a reusable clear glass vessel. \$25 | melodyehsani.com



Bala



Odacite

Odacite's moisturizing bath soak

Unwind with the Topanga Canyon-based brand's Mood Cleansing Ayurvedic Bath Soak, with grapefruit and lemongrass moisturizing oils. \$24 | odacite.com



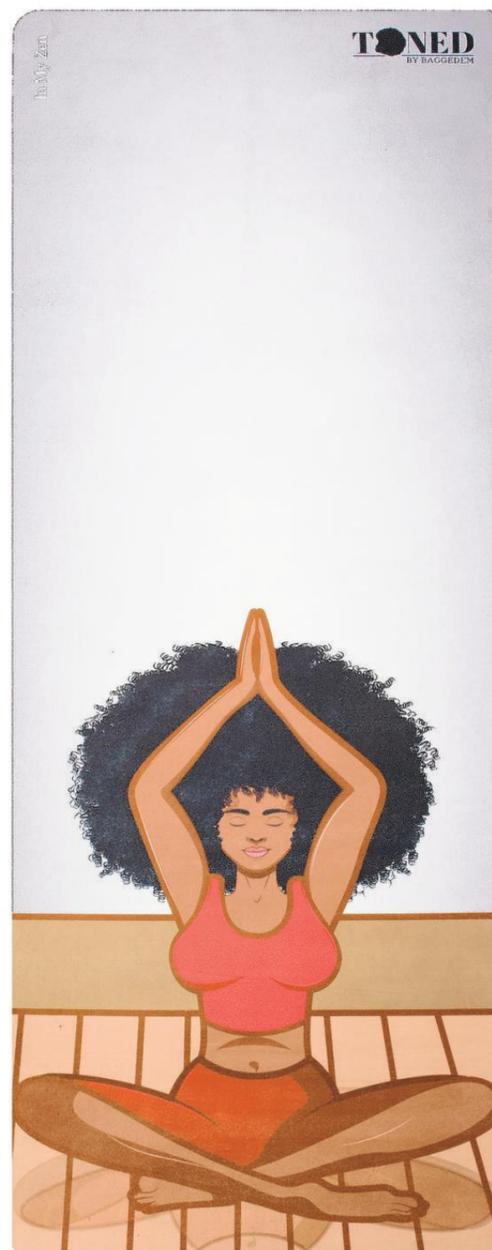
PAUL SALVESON Inner Piece

Home jigsaw puzzle by Inner Piece

Meditation meets art. That's how we describe jigsaw puzzles, which have seen a resurgence in popularity since the start of the pandemic. It's the perfect way to enjoy some quiet. L.A.-based Inner Piece says this has been one of its most popular offerings: "Home," by Andrew Watch. (Inner Piece also offers to "replace puzzle pieces free for the lifetime of your puzzle.") \$30 | findinnerpiece.com

Yoga mat from Toned by BaggedEm

Toned by BaggedEm was started by sisters Julia and Cornelia Gibson, who wanted to inspire those who feel ignored by the fitness industry: The empowering images on their yoga mats celebrate Black women and men in a variety of yoga and meditative poses. \$59.99 and up | baggedem.com



Bagged Em



LINDA SAU

C & the Moon Brown sugar body scrub

Fight winter's drying elements in sweet style: Made of brown sugar, coconut oil and sweet almond oil, a little bit goes a long way. \$64 | candthemoon.com



Parachute

Parachute's classic comfy robe

How do you know when a robe is a keeper? When you prefer it over loungewear. Our tester raved over this robe from L.A.-based Parachute, and it's easy to see why: It's made of plush 100% Turkish cotton suitable for year-round wear, with two roomy pockets, a shawl collar and a belt that's got plenty of length. \$99 | parachutehome.com